

Home Group Discussion Guide

Train For Godliness – 1 Timothy 4:7-16

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The following questions are designed to help groups explore the message above by challenging participants to consider how God is wanting them to apply it to their lives.

*The questions are a **guide** to help lead discussion.*

Please don't feel that all questions need to be asked, instead respond to the needs of your group. If you have new people in your group, take the opportunity to introduce each other and clarify any expectations that are present in your group (such as confidentiality).

GETTING STARTED

1. Have you ever committed to training for something, such as a sporting event, a qualification or learning a new skill?
 - a. What motivated you to start?
 - b. What helped you stay committed?
2. What was the main challenge or idea that stood out to you from Sunday's message?

REFLECTING ON THE MESSAGE

Consider 1 Timothy 4:7-10

1. In verse 7, Paul warns Timothy against wasting time on things that distract from godliness. What are some of the things that can consume our time and attention without helping us grow in godliness?
 - a. Megan encouraged us to consider the fruit these things produce.
 - b. How might examining the fruit help us recognise what is worth our attention?

Consider 1 Timothy 4:11-16

2. Paul challenges Timothy to set an example through his speech, conduct, love, faith and purity. If others followed your example, what would they learn about following Jesus?
 - a. How can the way we respond to our mistakes, apologise and restore relationships also provide an example of godliness?
3. Megan reminded us that training for godliness is not a solo sport. Looking at verses 13–16, what role does the Christian community play in helping one another grow in godliness?
 - a. What are some ways that training alongside others has helped you grow as a follower of Jesus?

RESPONDING TO THE MESSAGE

1. Megan challenged us to consider whether we are actually training ourselves for godliness. As you reflect on your own life, where can you recognise growth?
 - a. Is there an area where you have become distracted or lost some intentionality?
2. Paul reminds Timothy not to neglect the gift God has given him (verse 14). What gifts or abilities has God given you to contribute to his family?
 - a. How could you be more intentional about developing and using them to serve others?
3. As you consider the different aspects of training for godliness explored in Sunday's message, what is one practical change you could make this week?

OPPORTUNITY FOR PRAYER

Our Home Groups are the primary place for pastoral care to occur within the Church. We would encourage you to take the opportunity to pray for each other in this space.

