

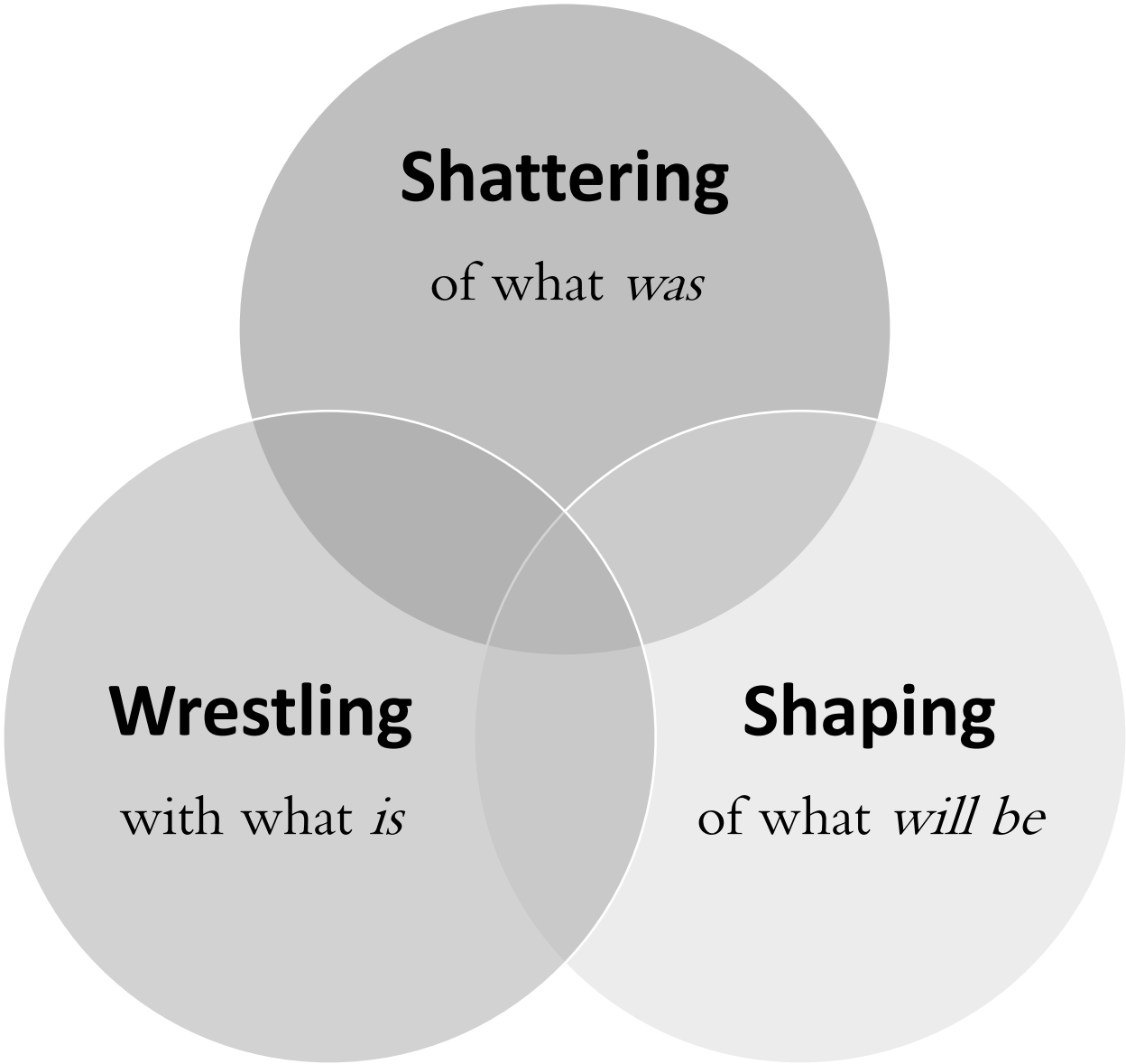


# *1 Thessalonians*

A CALL TO PERSISTENT HOPE

1 THESSALONIANS 4v13-18

HEARTBROKEN AND HOPEFUL





1 THESSALONIANS 4:13

Brothers and sisters, we do not want you to be uninformed about those who sleep in death, so that you do not grieve like the rest of humankind, who have no hope.



## 1 THESSALONIANS 4:14

For we believe that Jesus died and rose again, and so we believe that God will bring with Jesus those who have fallen asleep in him.



## 1 THESSALONIANS 4:15

According to the Lord's word, we tell you that we who are still alive, who are left until the **coming** of the Lord, will certainly not precede those who have fallen asleep.

*'parousia'* – coming, appearing, presence



## 1 THESSALONIANS 4:16-17

For the Lord himself will come down from heaven, with a loud command, with the voice of the archangel and with the trumpet call of God, and the dead in Christ will rise first.

After that, **we who are still alive and are left will be caught up together with them in the clouds to meet the Lord in the air.**



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# GOD ALWAYS COMES TO US

IMMANUEL - GOD WITH US



Our hope is  
not in a future  
*removal*

Our hope is in  
the present  
and future  
*renewal*



We are not a  
people of  
*removal*

We are a  
people of  
*renewal*





A WAY TO COPE  
WITH GRIEF

1. Allow ourselves to grieve, to feel the feelings



A WAY TO COPE  
WITH GRIEF

1. Allow ourselves to grieve, to feel the feelings
2. Comfort the pain



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WITH GRIEF

1. Allow ourselves to grieve, to feel the feelings
2. Comfort the pain
3. Step in, step out — shift attention for a bit to something else, then go back into the feelings



A WAY TO COPE  
WITH GRIEF

1. Allow ourselves to grieve, to feel the feelings
2. Comfort the pain
3. Step in, step out — shift attention for a bit to something else, then go back into the feelings
4. Name the feelings/sensations