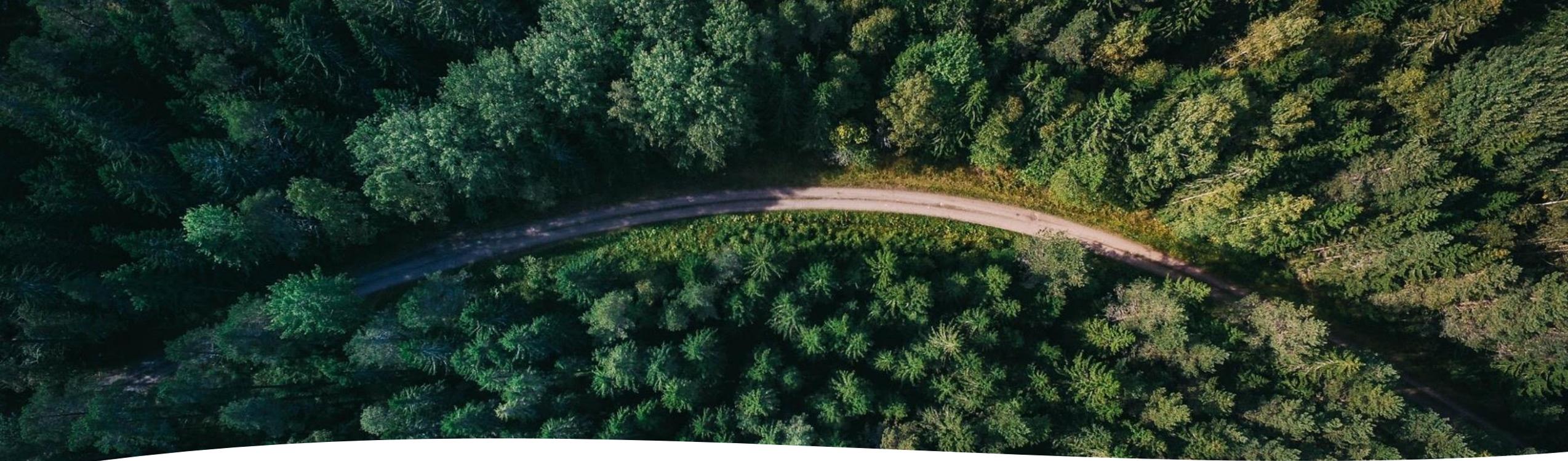




*The
Gospel of Mark*

Entering The Oil Press

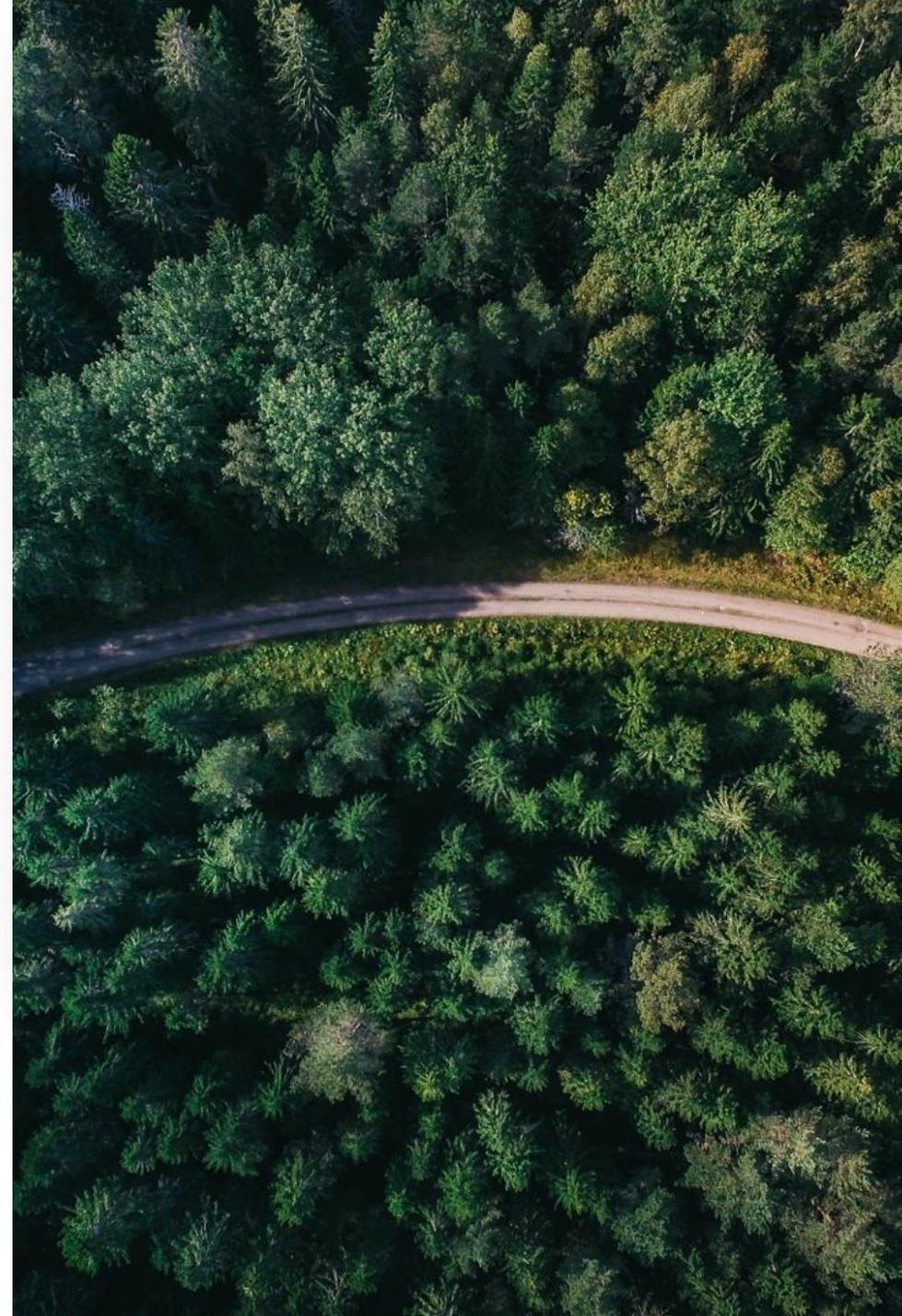
Mark 14:32-42



Pressure has a way of revealing what
is *really* inside us.

Mark 14:32

³² They went to a place called **Gethsemane**, and Jesus said to his disciples, “Sit here while I pray.”

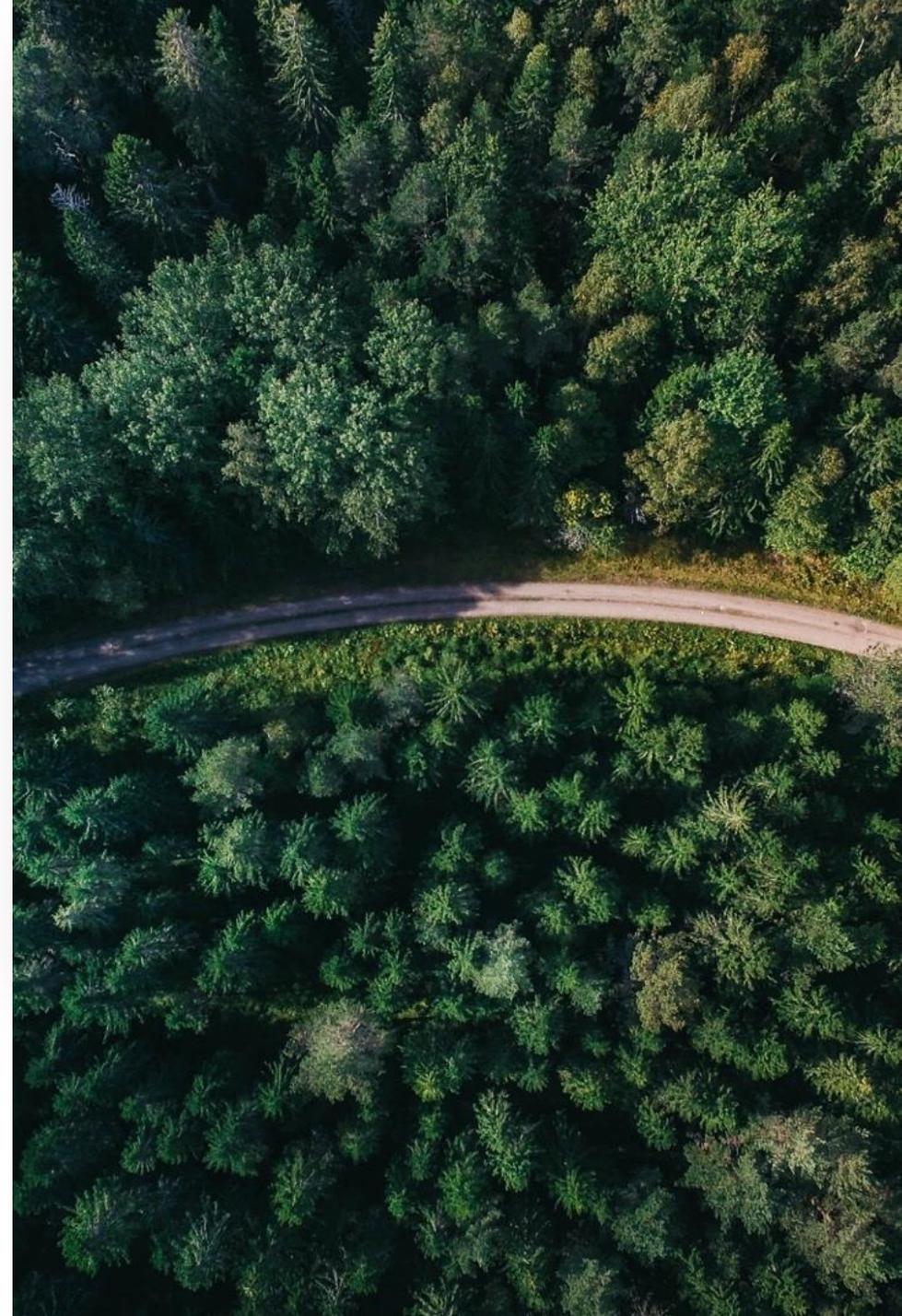


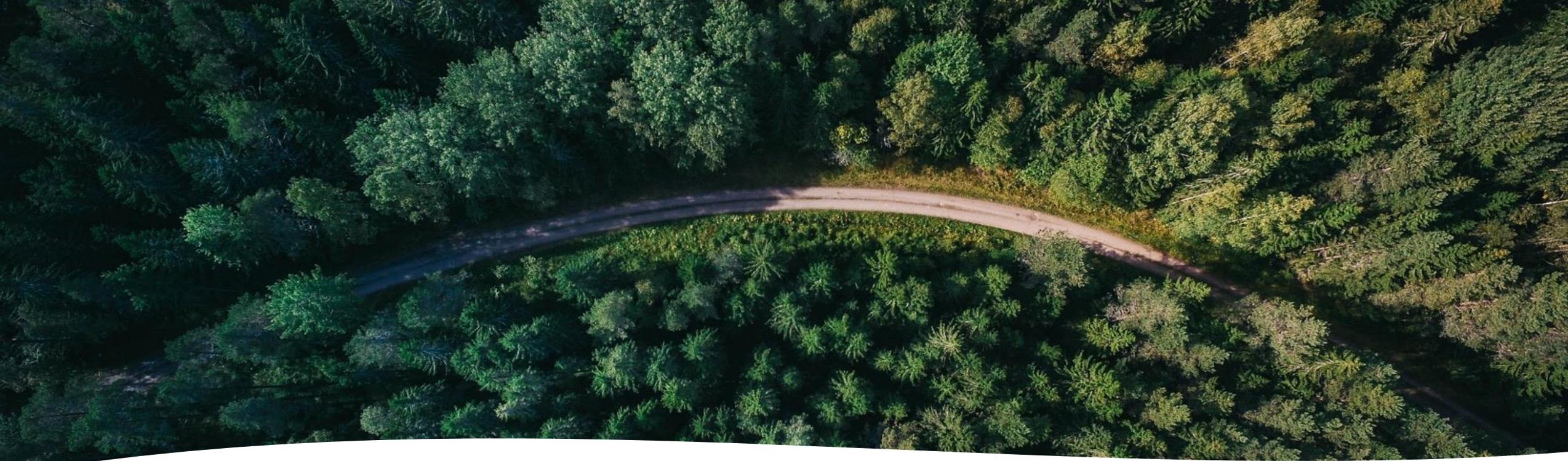
Mark 14:32-34

³² They went to a place called Gethsemane, and Jesus said to his disciples, “Sit here while I pray.”

³³ He took Peter, James and John along with him, and he began to be **deeply distressed and troubled**.

³⁴ “My soul is **overwhelmed with sorrow** to the point of death,” he said to them. “Stay here and keep watch.”



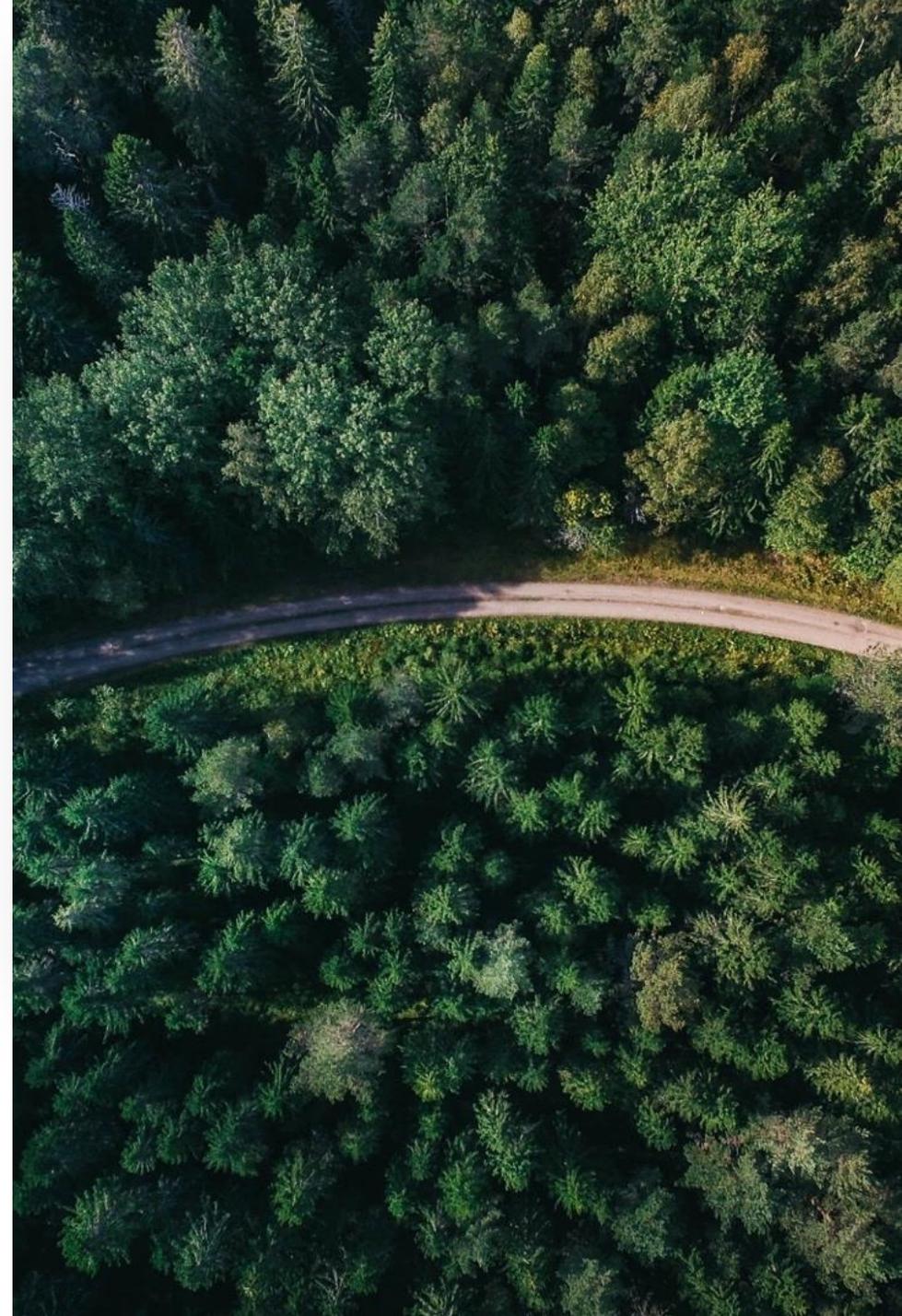


Faith does not remove suffering or pressure but
invites us **to meet God** within it.

*“They went to a place called Gethsemane, and Jesus said to his
disciples, “Sit here while I pray.” (Mark 14:32)*

Mark 14:35

³⁵ Going a little farther, he fell to the ground and prayed that if possible the hour might pass from him.



An aerial photograph of a dense forest. A dirt road curves through the trees, separating a section of deciduous trees with some yellowing leaves from a larger section of evergreen trees. The lighting is bright, suggesting a sunny day.

Matthew 6:9-13

⁹ “This, then, is how you should pray:

““Our **Father in heaven**, hallowed be your name,

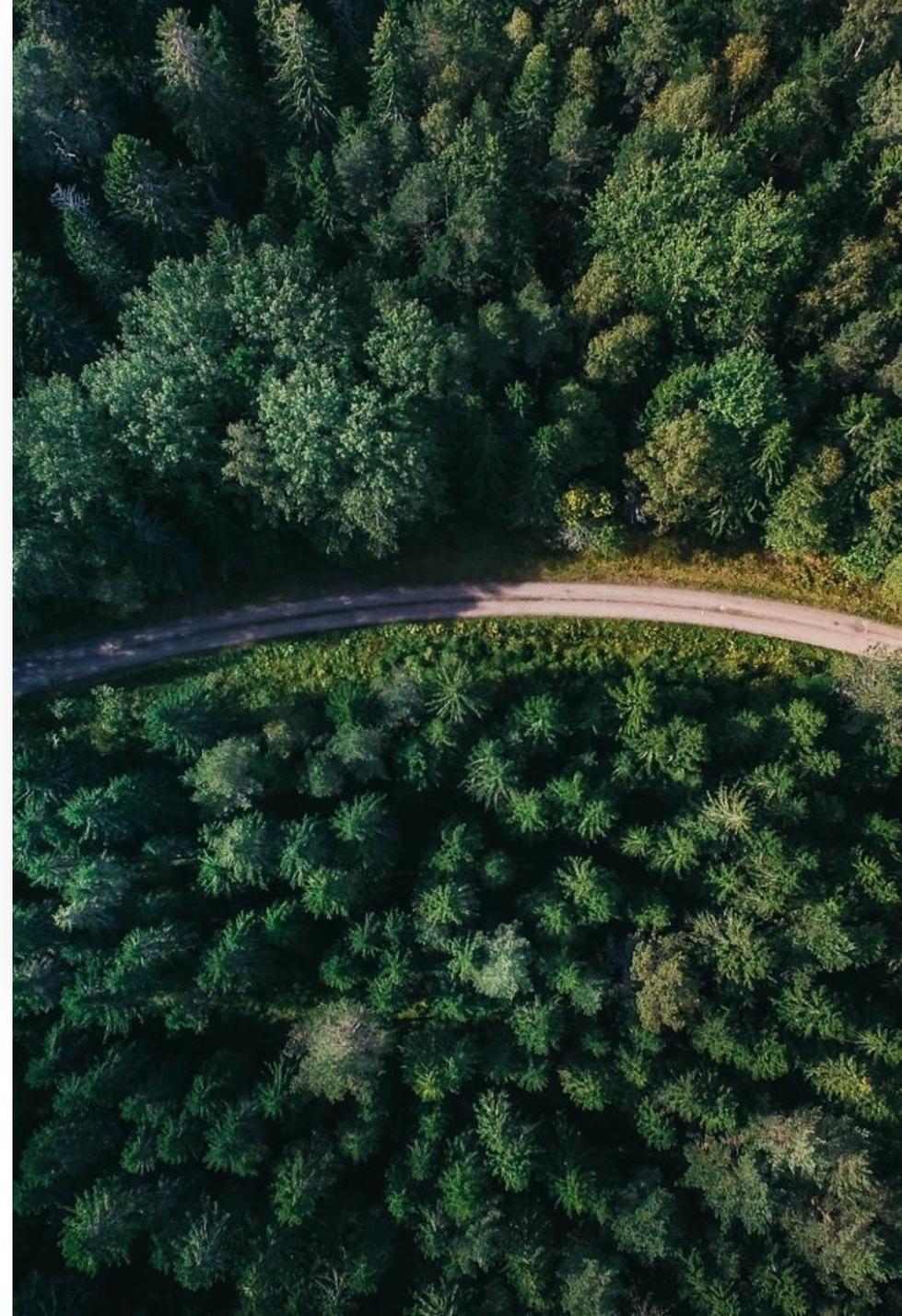
¹⁰ your kingdom come, **your will be done**, on earth as it is in heaven. ¹¹ **Give us** today our daily bread.

¹² And forgive us our debts, as we also have forgiven our debtors. ¹³ And **lead us not into temptation**, but **deliver us from the evil one.**”

Mark 14:35-36

³⁵ Going a little farther, he fell to the ground and prayed that if possible the hour might pass from him.

³⁶ “Abba, Father,” he said, “everything is possible for you. Take this cup from me. Yet not what I will, but what you will.”





Mark 14:36

³⁶ “Abba, Father,” he said, “everything is possible for you. Take this cup from me. Yet not what I will, but what you will.”

A PRAYER UNDER PRESSURE

1. He addresses the Father

An aerial photograph of a dense forest. A dirt road curves through the trees, separating a section of taller, more varied trees on the left from a section of shorter, more uniform trees on the right. The lighting suggests a bright day, with shadows cast across the canopy.

Mark 14:36

³⁶ “Abba, Father,” he said, “**everything is possible for you**. Take this cup from me. Yet not what I will, but what you will.”

A PRAYER UNDER PRESSURE

1. He addresses the Father
2. He acknowledges God’s power



Mark 14:36

³⁶ “Abba, Father,” he said, “everything is possible for you. **Take this cup from me.** Yet not what I will, but what you will.”

A PRAYER UNDER PRESSURE

1. He addresses the Father
2. He acknowledges God’s power
3. He names his desire honestly

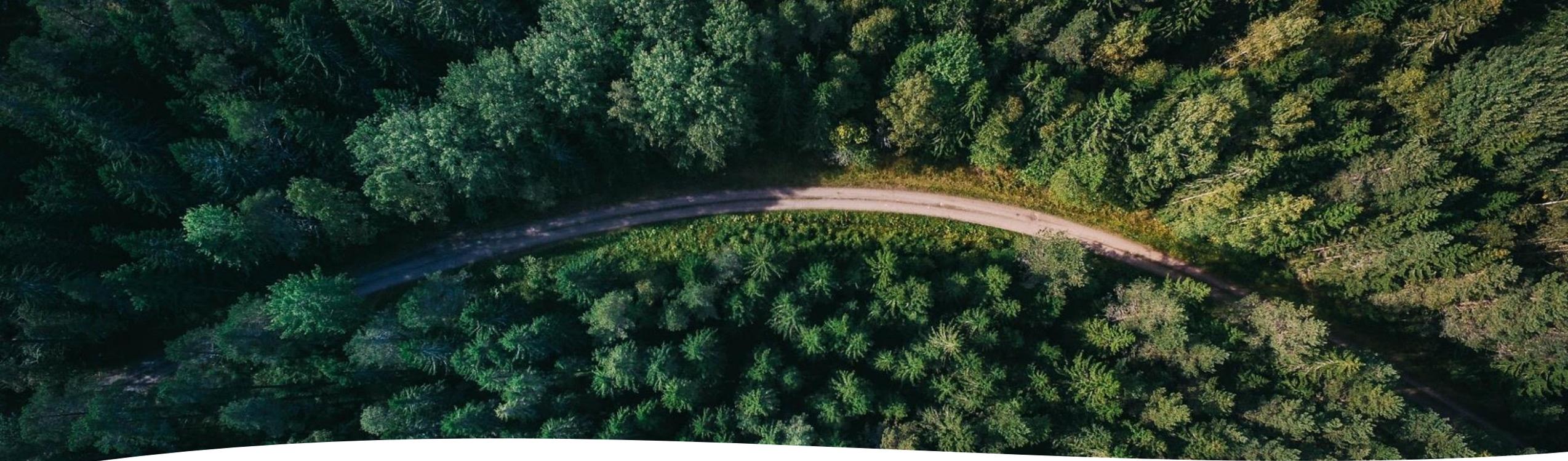
An aerial photograph of a dense forest. A dirt road curves through the trees, starting from the left and curving towards the right. The trees are mostly green, with some showing signs of autumn. The lighting is bright, suggesting a sunny day.

Mark 14:36

³⁶ “Abba, Father,” he said, “everything is possible for you. Take this cup from me. Yet not what I will, but what you will.”

A PRAYER UNDER PRESSURE

1. He addresses the Father
2. He acknowledges God’s power
3. He names his desire honestly
4. He surrenders his will

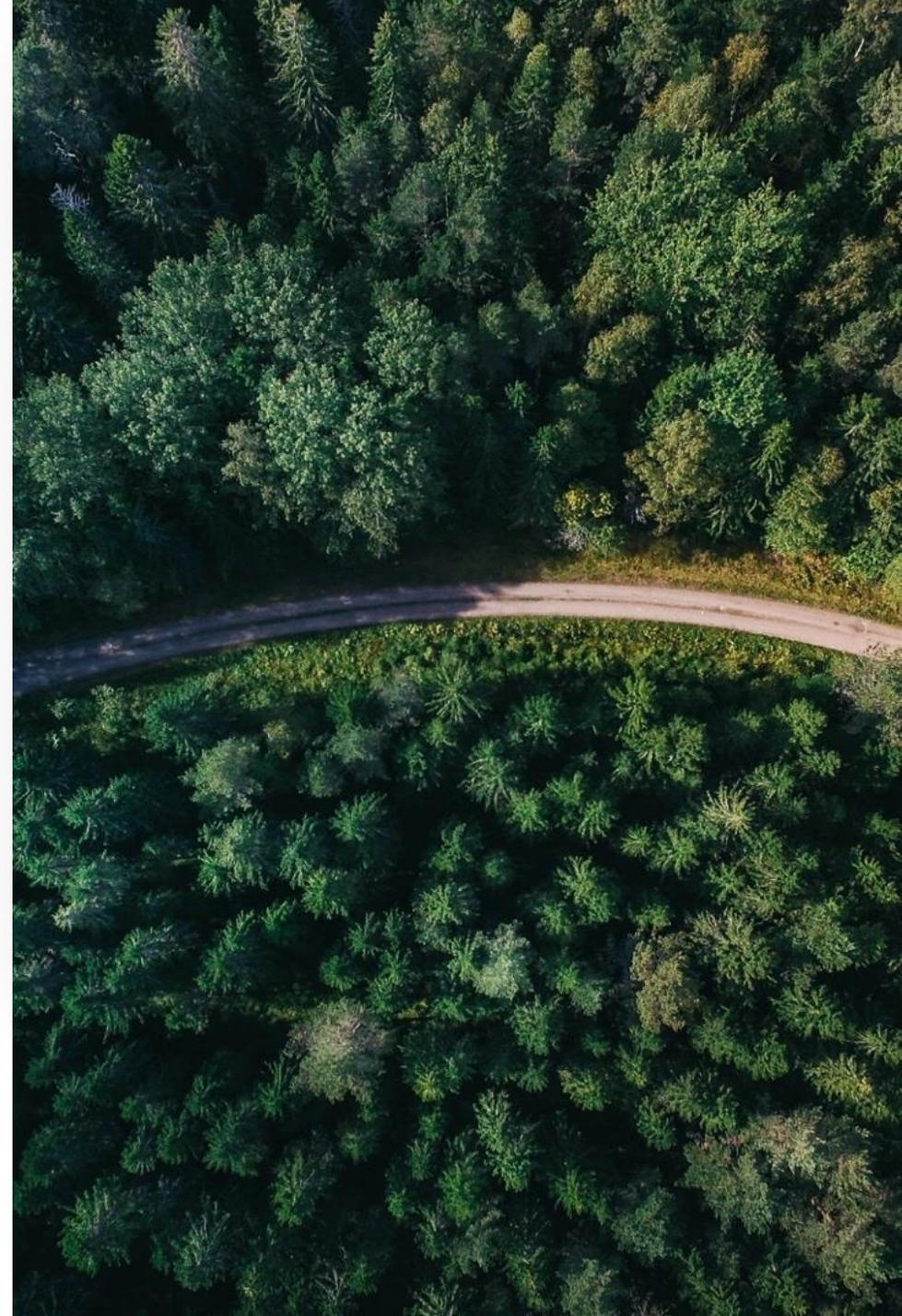


Prayer is not primarily about controlling outcomes but **aligning ourselves with God's will.**

"Abba, Father," he said, "everything is possible for you. Take this cup from me. Yet not what I will, but what you will." (Mark 14:36)

Mark 14:37-38

³⁷ Then he returned to his disciples and found them sleeping. “Simon,” he said to Peter, “are you asleep? Couldn’t you keep watch **for one hour**? ³⁸ Watch and pray so that you will not fall into **temptation**. The spirit is willing, but the flesh is weak.”





Matthew 6:7-8

⁷ And when you pray, do not keep on babbling like pagans, for **they think they will be heard because of their many words.** ⁸ Do not be like them, for your Father knows what you need before you ask him.

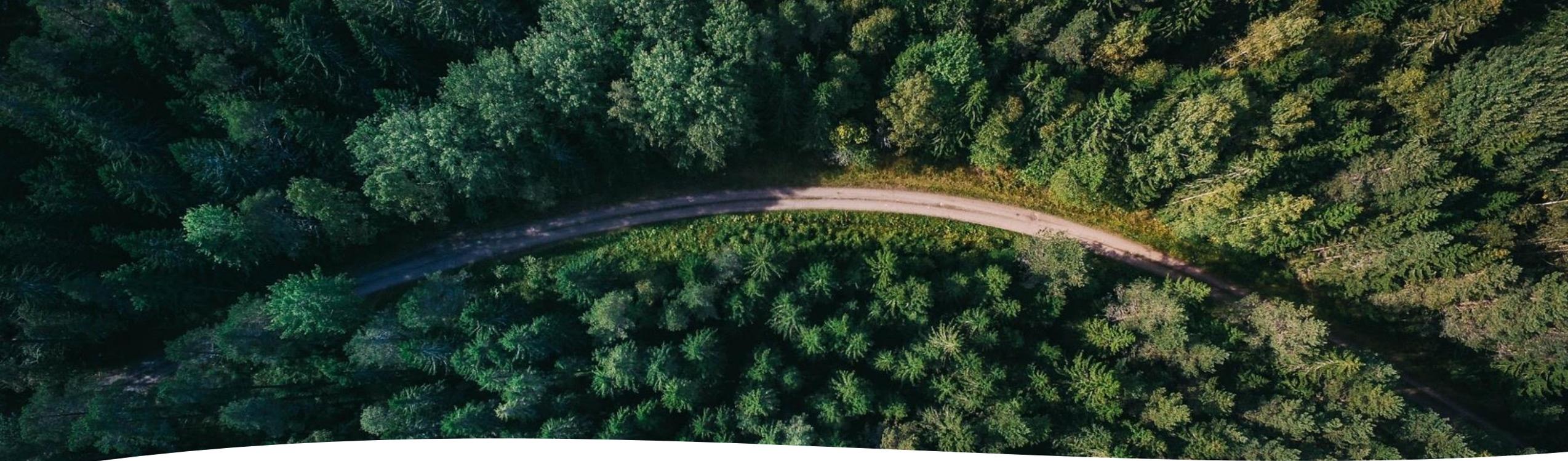


Matthew 6:7-8

⁷ And when you pray, do not keep on babbling like pagans, for **they think they will be heard because of their many words.** ⁸ Do not be like them, for your Father knows what you need before you ask him.

Hebrews 5:7-9

⁷ During the days of Jesus' life on earth, **he offered up prayers and petitions with fervent cries and tears to the one who could save him from death, and he was heard because of his reverent submission.** ⁸ Son though he was, he learned obedience from what he suffered ⁹ and, once made perfect, he became the source of eternal salvation for all who obey him.



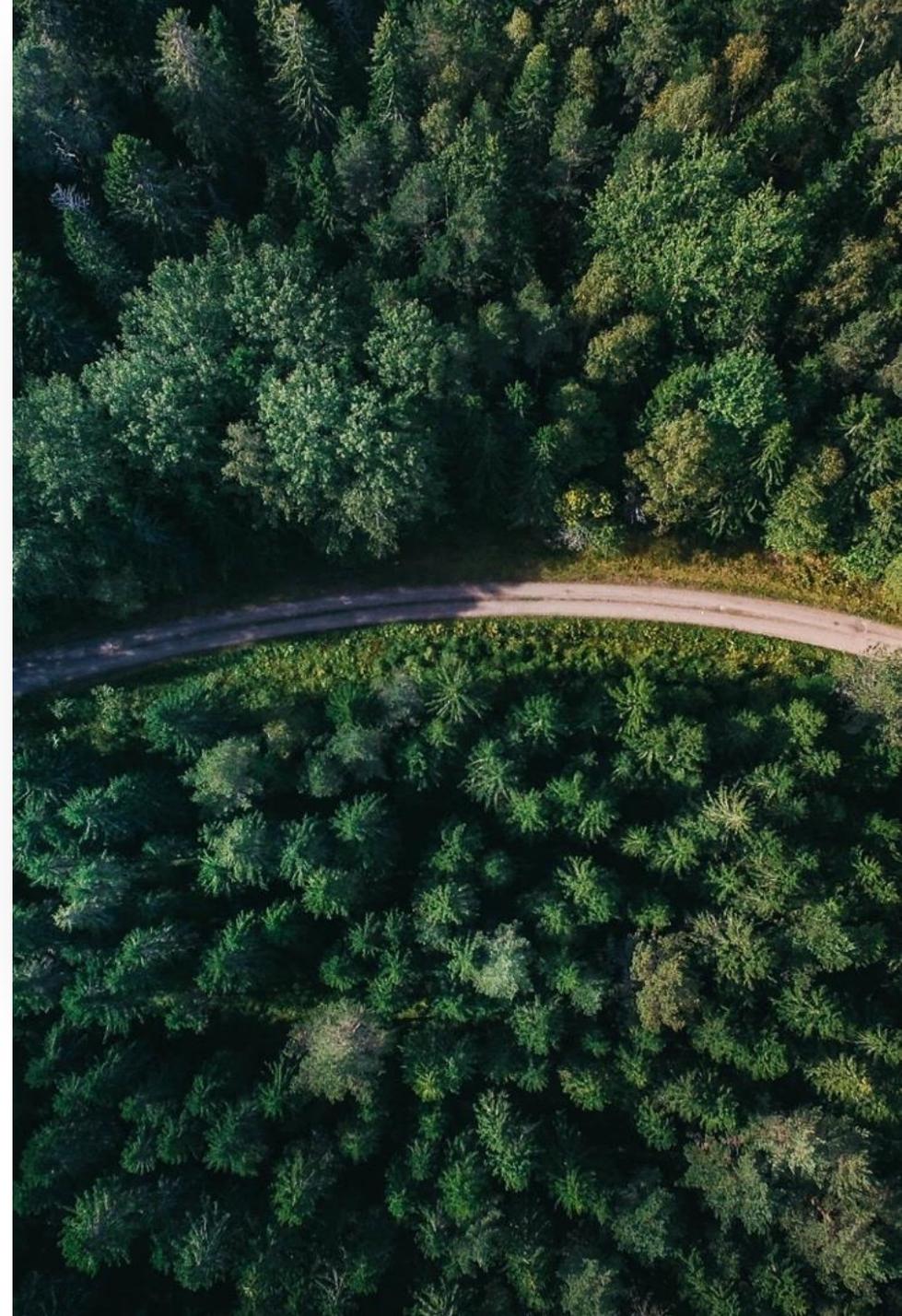
Sometimes prayer is simply:

“Father...You *can* change this... and I *wish* you would... But I *trust* you.”

Mark 14:37-40

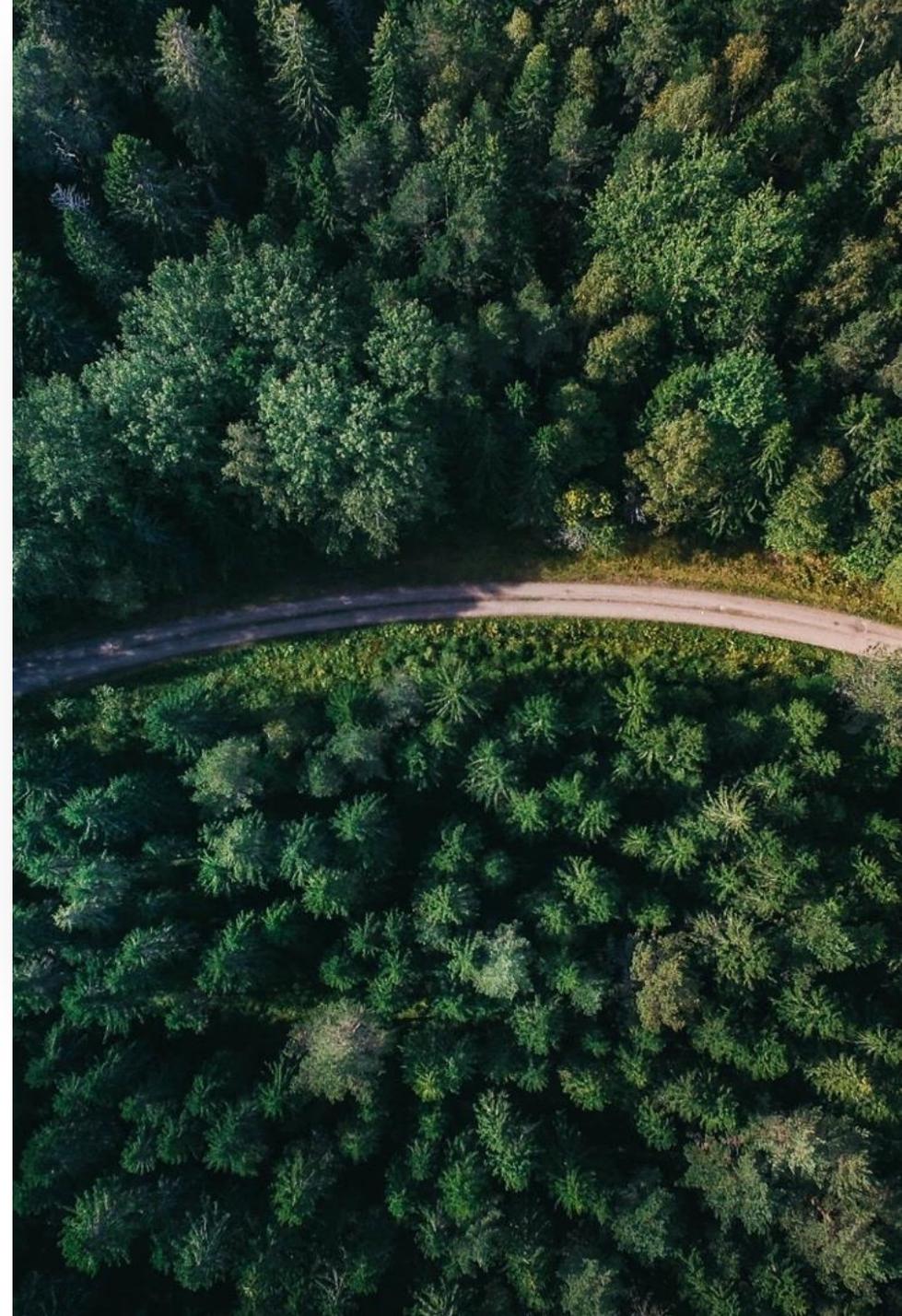
³⁷ Then he returned to his disciples and found them sleeping. “Simon,” he said to Peter, “are you asleep? Couldn’t you keep watch for one hour? ³⁸ Watch and pray so that you will not fall into temptation. The spirit is willing, but the flesh is weak.”

³⁹ Once more he went away and prayed the same thing. ⁴⁰ When he came back, he again found them sleeping, because their eyes were heavy. **They did not know what to say to him.**



Mark 14:41-42

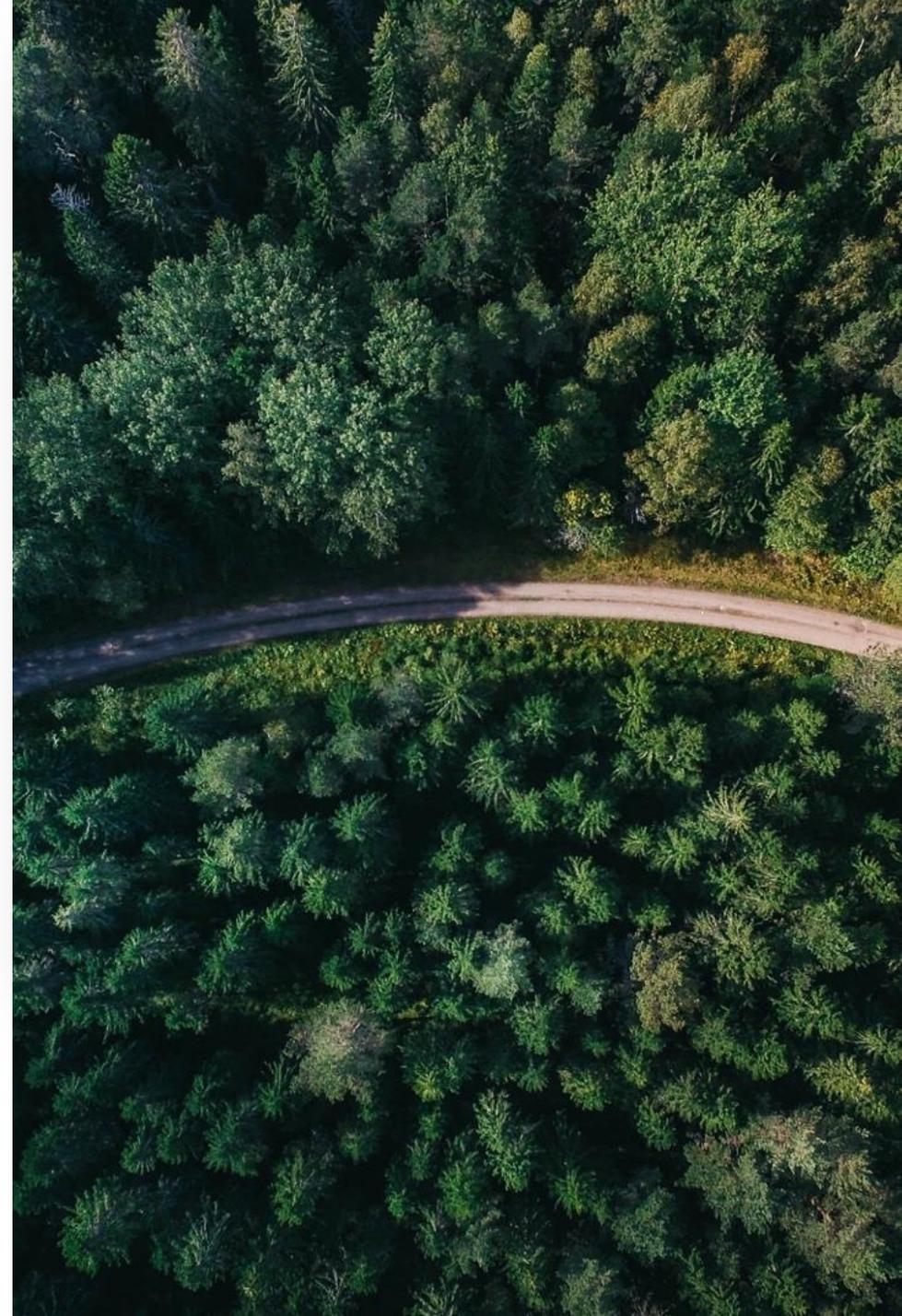
⁴¹ Returning the **third time**, he said to them, “Are you still sleeping and resting? Enough! The hour has come. Look, the Son of Man is delivered into the hands of sinners.

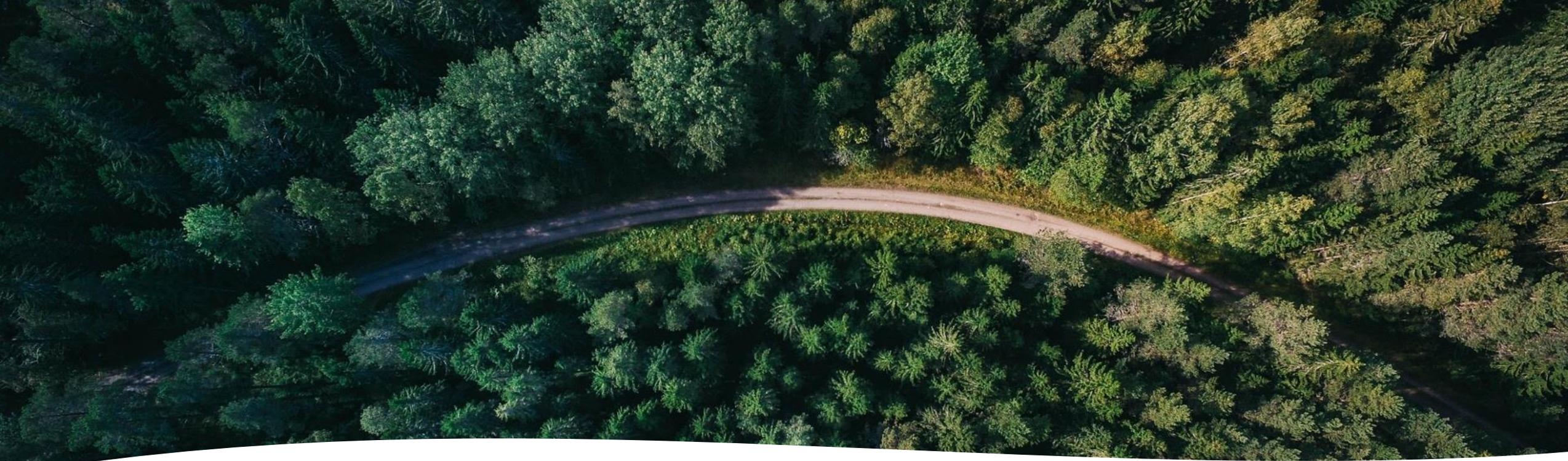


Mark 14:41-42

⁴¹ Returning the third time, he said to them, “Are you still sleeping and resting? Enough! The hour has come. Look, the Son of Man is delivered into the hands of sinners.

⁴² Rise! **Let us go! Here comes my betrayer!”**





Sometimes God answers our prayer by **preparing**
our hearts to walk through the pressure.

“Rise! Let us go! Here comes my betrayer!” (Mark 14:42)



- Some prayers change circumstances, but some prayers **change us.**
- Prayer is not primarily about controlling outcomes. It is about **learning to trust** the Father.