

# Home Group Discussion Guide

## Entering The Oil Press – Mark 14:32-42

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The following questions are designed to help groups explore the message above by challenging participants to consider how God is wanting them to apply it to their lives.

The questions are a **guide** to help lead discussion.

**Please don't feel that all questions need to be asked**, instead respond to the needs of your group. If you have new people in your group, take the opportunity to introduce each other and clarify any expectations that are present in your group (such as confidentiality).

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### GETTING STARTED

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1. What is your natural response when under pressure?
2. Before this message, how did you usually view the story of Jesus in Gethsemane? Did anything Sunday change that view?

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### REFLECTING ON THE MESSAGE

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**Key Scripture: Mark 14:32-42; Matthew 6:9-13**

**Consider Mark 14:32-42**

1. Gethsemane literally means "oil press." How does the image of olives being crushed to produce oil help us understand what Jesus was experiencing in this moment?

**Consider Matthew 6:9-13**

2. How does Jesus' prayer in the Garden connect with the way He taught His disciples to pray in Matthew 6:9-13?
3. The turning point of the prayer is: "Yet not what I will, but what you will." What is the difference between *resignation* (giving up) and *submission* (trusting God's plan)?
4. If Gethsemane is about "navigating through pain" rather than "avoiding it," how does that shift our expectations of what God will do for us in our struggles?

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### RESPONDING TO THE MESSAGE

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1. If your current life situation is an "oil press," what do you feel is being "revealed" in you right now? (i.e. fear, doubt, trust, or something else?)
2. What would it look like for you to pray, "I wish you would change this, but I trust you" regarding a specific situation this week?

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### OPPORTUNITY FOR PRAYER

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Our Home Groups are the primary place for pastoral care to occur within the Church. We would encourage you to take the opportunity to pray for each other in this space.

