



Rebuilding

LESSONS FROM NEHEMIAH

Playing Our Part in the Rebuild

Nehemiah 3

Nehemiah 3:1-2

Eliashib the high priest and his fellow priests went to work and rebuilt the Sheep Gate.

They dedicated it and set its doors in place, building as far the Tower of the Hundred, which they dedicated, and as far as the Tower of Hananel.

Then men of Jericho built the adjoining section, and Zakkur son of Imri built next to them.

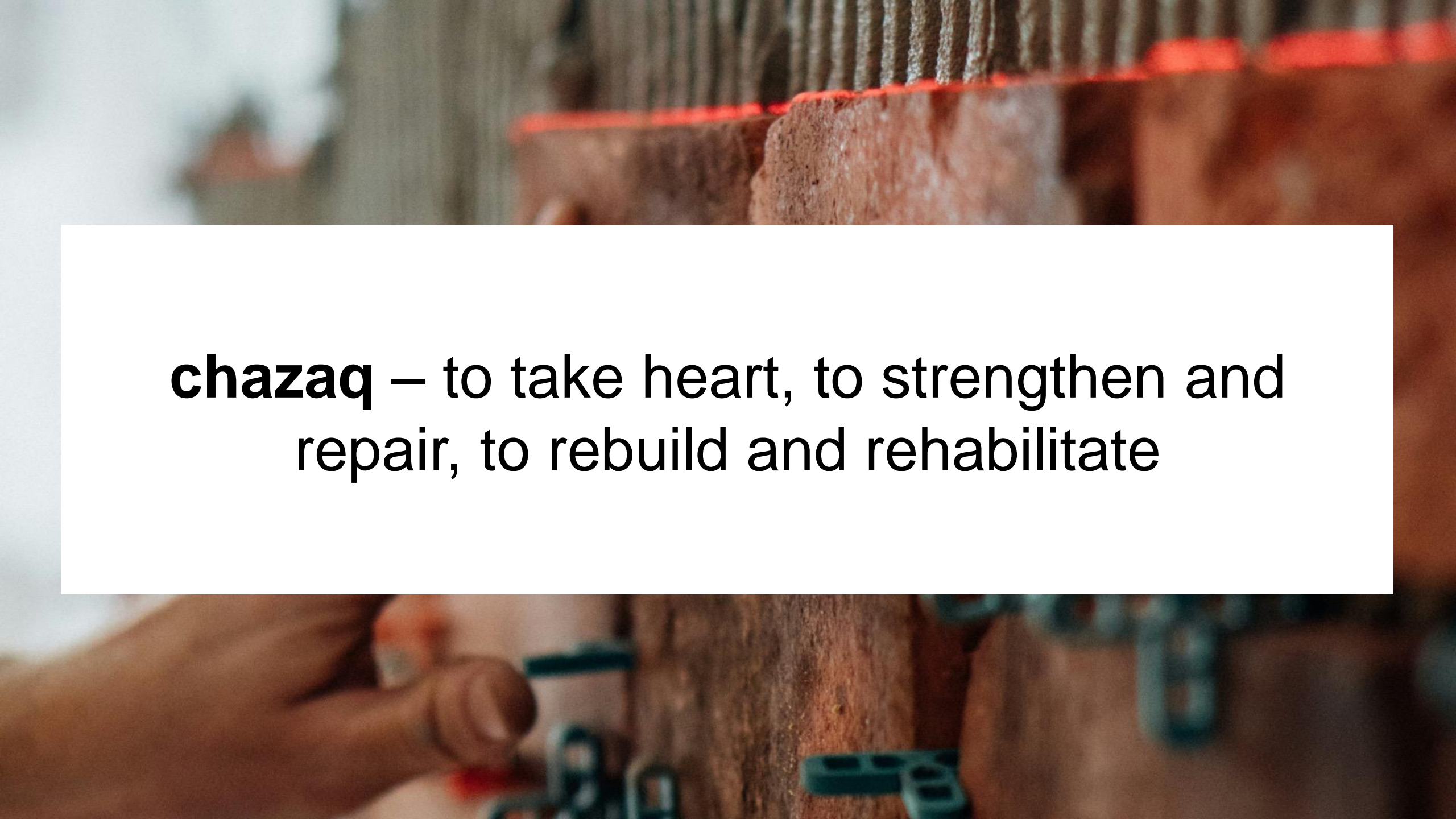


Nehemiah 3:3-4

The Fish Gate was rebuilt by the sons of Hassenaah. They laid its beams and put its doors and bolts and bars in place. Meremoth son of Uriah, the son of Hakkoz, repaired the next section.

Next to him Meshullam son of Berekiah, the son of Meshezabel, made repairs, and next to him Zadok son of Baana also made repairs.





chazaq – to take heart, to strengthen and
repair, to rebuild and rehabilitate

FISH GATE

Sons of Hassenaah
Meremoth
Meshullam
Zadok
Men of Tekoa

SHEEP GATE

Eliashib and fellow priests
Goldsmiths
Men of Jericho
Local merchants
Zakkur

INSPECTION GATE

Malkijah

EAST GATE

Shemaiah
Hananiah
Hanun
Meshullam

HORSE GATE

Zadok
Local priests

FOUNTAIN GATE

Shallun
Nehemiah
Levites under Rehum
Hashabiah
Binnui and Levites
under him
Ezer
Baruch
Meremoth
Priests from the
region
Benjamin
Hasshub
Azariah
Palal

JESHANAH GATE

Joiada
Meshullam
Melatiah
Jadon
Uzziel
Hananiah
Rephaiah
Jedaiah
Hattush
Malkijah
Hasshub
Shallum and
his daughters

VALLEY GATE

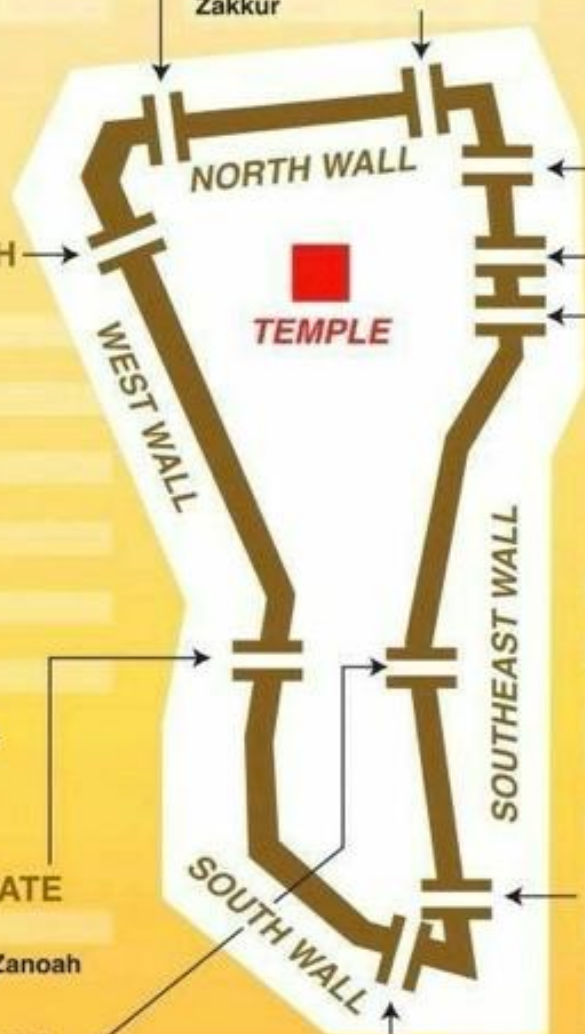
Hanun
Residents of Zanoah

WATER GATE

Pedaiah
Temple servants
Men of Tekoa

DUNG GATE

Malkijah



Nehemiah 3:11

Malkijah son of Harim and **Hasshub son of Pahath-Moab** repaired another section and the Tower of the Ovens.

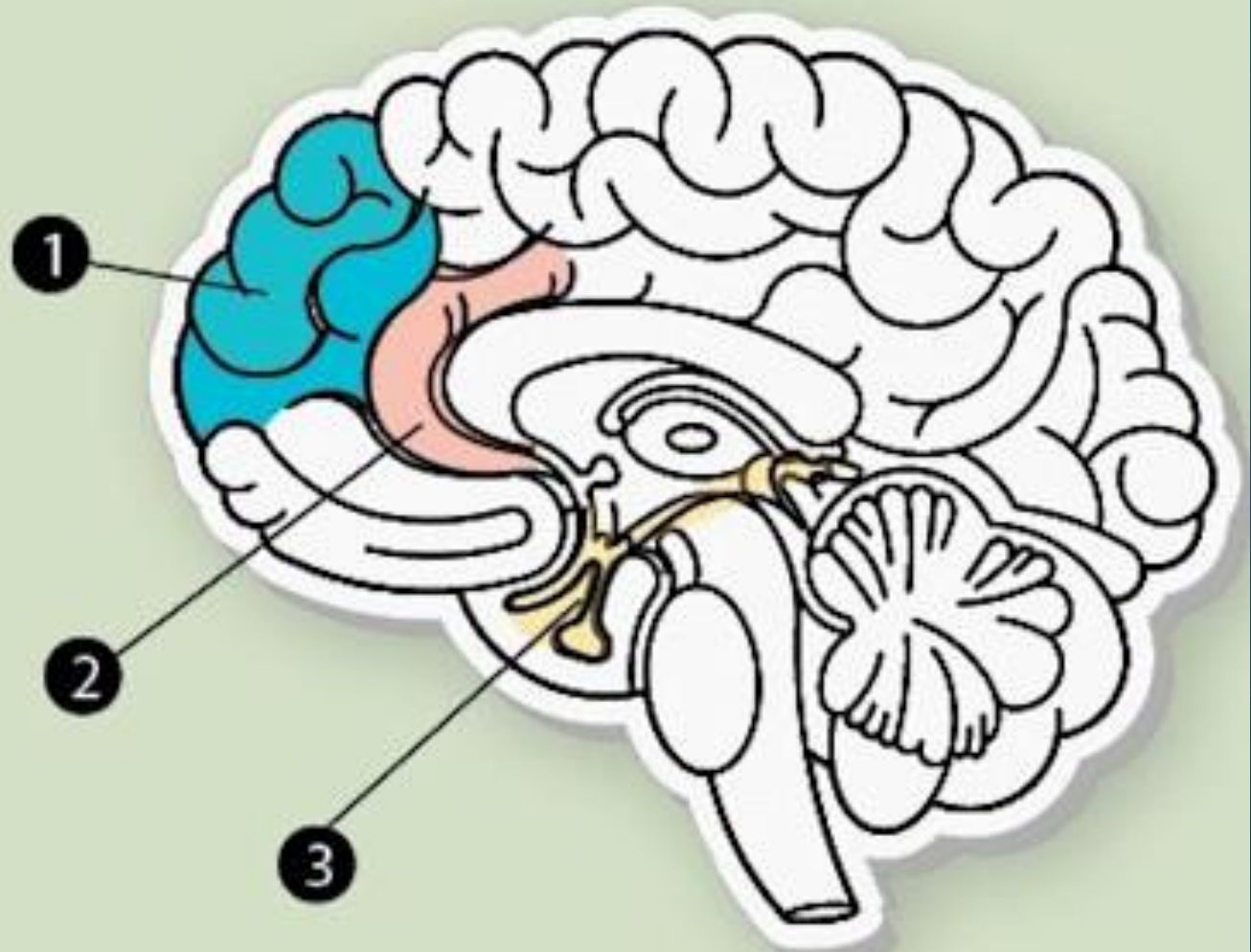




The **voice of giving up** becomes strong
during times of grief and rebuilding

BRAIN REGIONS AFFECTED

- 1 The prefrontal cortex,** the “thinking center” of the brain, is underactive.
- 2 The anterior cingulate cortex,** the emotional regulation center of the brain, is underactive.
- 3 The amygdala,** the fear center of the brain, is overactive.







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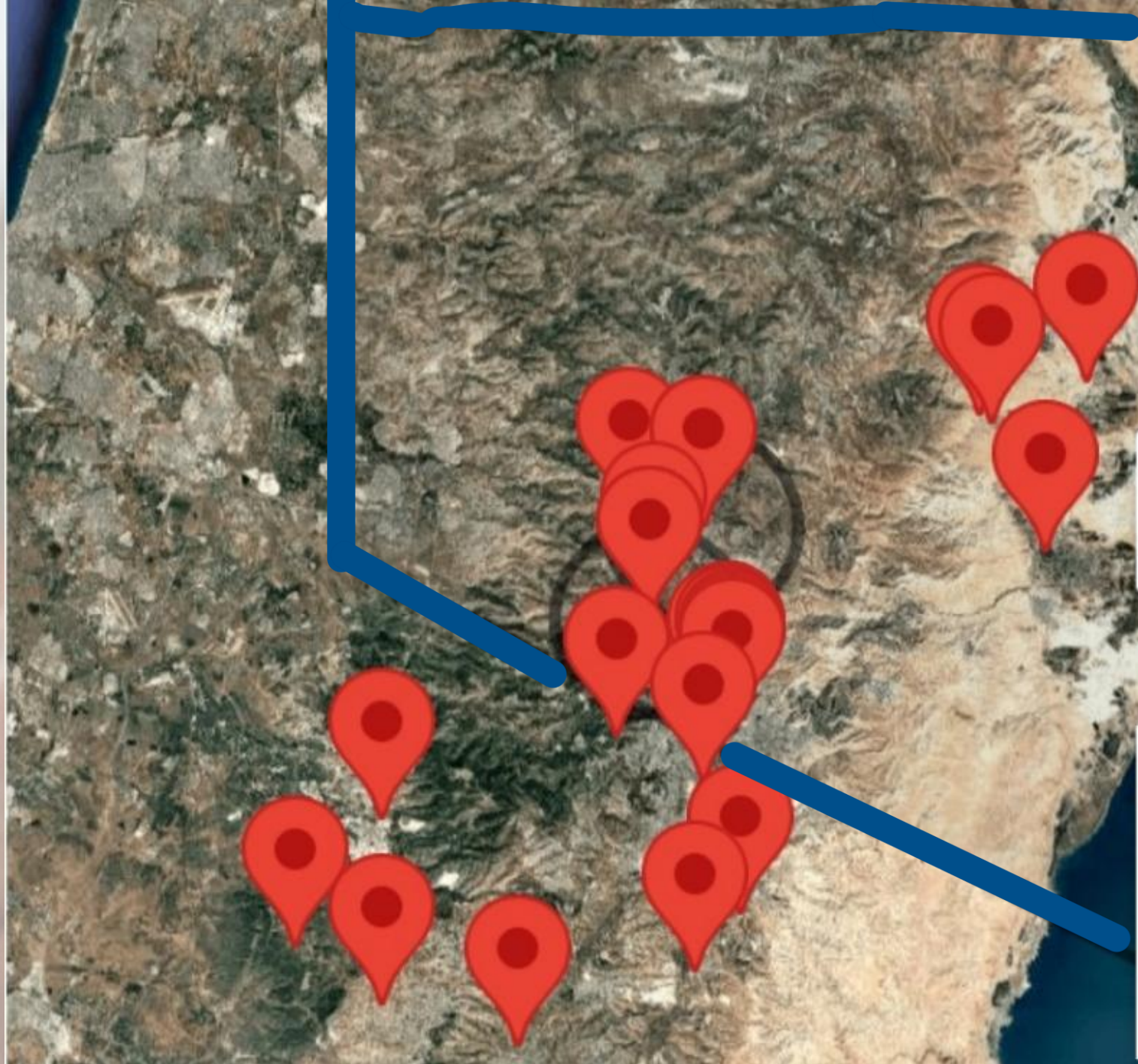
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Ezra 8:33-34

On the fourth day, in the house of our God, **we weighed out the silver and gold and the sacred articles into the hands of Meremoth son of Uriah, the priest.** Eleazar son of Phinehas was with him, and so were the Levites Jozabad son of Jeshua and Noadiah son of Binnui. ³⁴ Everything was accounted for by number and weight, and the entire weight was recorded at that time.

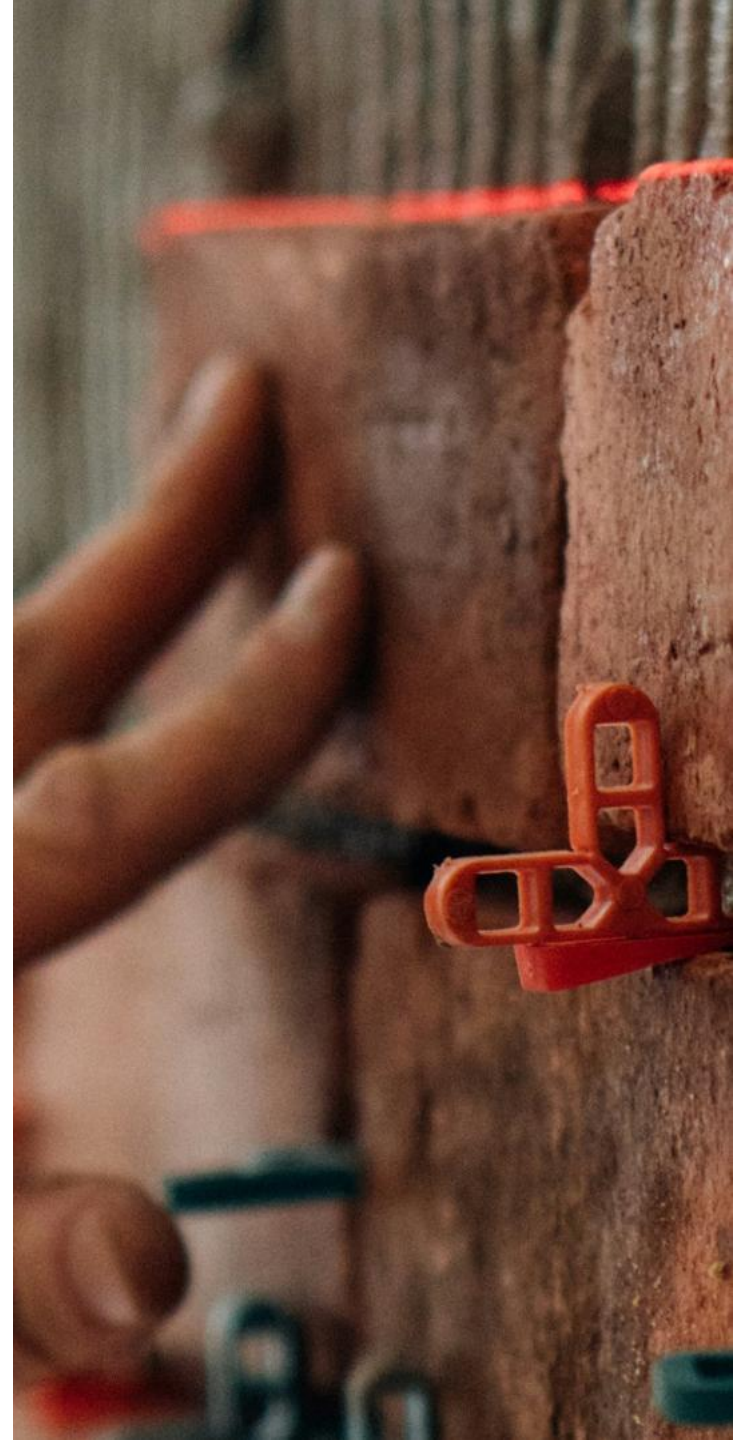




Ephesians 2:21-22

In him the whole building is joined together and rises to become a holy temple in the Lord.

²² And in him you too are being built together to become a dwelling in which God lives by his Spirit.





Playing our part

What might **chazaq** look like in our lives?

What might **repair, rebuilding** and **rehabilitating** look like in our town? What part will we play?