

Home Group Discussion Guide for Spiritual Disciplines: Prayer

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The following questions are designed to help groups explore the message shared in the AM service on Sunday. Diving deeper into what was shared, but also challenging participants to consider how God is wanting them to apply it to their lives.

*These questions are designed as a guide to help lead discussion. **Please don't feel that all questions need to be asked**, instead respond to the needs of your group.*

GETTING STARTED

1. Who is someone who has influenced your experience of prayer? How?
2. What was the main challenge or idea that stood out to you from Sunday's message?

REFLECTING ON THE MESSAGE

Key Scriptures: *James 5:13-18; Philippians 4:4-7; Psalm 46:1-3, 10*

1. James speaks of prayer as being a natural part of our lifestyle. What does it look like for prayer to be natural? Is this true for you? Why / Why not?
2. How has/does prayer transform your interior life?
3. Take the opportunity to read through Psalm 46. How do the words, "Be still, and know that I am God" resonate with you?

RESPONDING TO THE MESSAGE

1. How do you prepare for a time of prayer?
2. What is one step you can take to embrace prayer in your life;
 - Is it naturally turning to prayer first in response to the needs of life?
 - Is it praying with greater boldness?
 - Is it allowing prayer to do a work in you as you learn to trust?
 - Is it about making time and space?

OPPORTUNITY FOR PRAYER

Our Home Groups are the primary place for pastoral care to occur within the Church. We would encourage you to take the opportunity to pray for each other in this space.

Please also pray for the week of prayer and fasting happening on the 4th-10th March, dedicating that time to God.

