Being brave enough to do what you should do, even when you're afraid

K-5th Grade

Read 1 Corinthians 15:58

DAY 1

Have you ever played laser tag or had an epic Nerf® gun battle? Have you ever been ambushed where every player from the other team comes after you at once? It's almost impossible to win if everyone attacks you at the same time.

When you stand up for the right thing and make wise choices, it can sometimes feel like everyone around is making a different choice. But you can remain strong not letting anything move you. All you have to do is what God has asked of you. When you keep doing the right thing, your courage isn't worthless. God will help you do what you should even when things seem impossible.

Ready for a courage challenge? Give you brother or sister a loaded Nerf gun and let them shoot you as you dart around the yard, looking for cover. Then stand perfectly still and let them shoot directly at your legs. **Remember LEGS only!**

After, hold one of those Nerf bullets and ask God to help you trust that He is with you so that you can stand strong and do the right thing even when things seem impossible.

Read Psalm 112:7

DAY 2

Have you ever received bad news? Maybe you found out your grandmother is sick. Or your cat ran away. Or your best friend's mom got a new job and now she's moving away.

We've all met our fair share of bad news. Things don't always go the way we want them to. And while we cannot change those things, we do have a choice when it comes to how we respond. We can still stand firm and trust in our heavenly Father. We can choose to do the right thing, even when it's the last thing we feel like doing. And we can trust that God is in control and that He will take care of us, even when bad news comes.

Ask a parent the following questions:

- 1. Can you think of a time when you got some bad news? What happened?
- 2. Why do you think you can have courage even when you're faced with bad news?

Ask God to help you trust Him more and to help you keep doing the right thing, even when you get bad news or things don't go your way.

God chose Solomon, King David's son, to follow him as the next king. One of the huge tasks David handed over to Solomon was to build God's temple. So King David spoke these words to his son to encourage him when this BIG job seemed completely impossible.

You probably won't be asked to build a temple for the Lord. But you will face situations that require courage. Maybe you have to stand up to a bully. Maybe you have to tell the truth even when it means you or someone else might get in trouble. Maybe you'll be the only one that listens and chooses to follow directions. But the same words King David spoke to his son are true for you too. God is with you. He won't fail you. He won't desert you.

Repeat the words from today's verse, placing your names in the blanks below as a prayer to your heavenly Father.

Be strong and brave. Get to work. Don't be afraid. Don't lose hope. You are my God. You are with _____. You won't fail _____. You won't desert _____. Thanks, God. In Jesus' name, amen.

Read Psalm 138:3

DAY 4

In the space below, list all the ways you can call someone or get someone a message:

You can call or text but what happens if the person you're calling or texting has silenced his phone? You can yell across the backyard, but what if the friend you're yelling for ran inside and can't hear you? You can send an email but what if the friend forgets to check his inbox?

We can't always get a message to the person we want to talk to. But when you call out to God for help, what does this verse promise? Yes! That He hears you, every time. If you call out to God when you're scared or afraid, He promises to make you strong and brave!

God hears you, always. So the next time you need a little courage, even when things seem impossible, all you have to do is ask God for help. Think about this past week. Was there a time when something seemed impossible? Ask God to help you remember that He is with you and that He will make you strong and brave so you can do what you should do.

