

# COURAGE

Being brave enough to do what you should do, even when you're afraid

WEEK  
**01**  
K-5<sup>th</sup> Grade

## Read Deuteronomy 31:6

## DAY 1

This month is all about courage—being brave enough to do what you should do, even when you're afraid. Doing what you should do can be scary sometimes. What if you're the only one making the wise choice? There is good news when it comes to courage! God goes with you. He won't leave or abandon you. So even if you feel like you're all alone, remember God is right there.

Here's a couple of suggestions to help you memorize today's verse.

1. Write out the words of the verse on separate sticky notes. Remove one note at a time and repeat the verse until you can say it from memory.
2. Create motions to go with the words or pick a tune you know (like "Twinkle Twinkle Little Star") and set the verse to music.

The next time you're nervous or afraid to do the right thing, repeat this verse as a prayer to God to remind you that He is with you!

## Read 1 Corinthians 16:13

## DAY 2

In the Bible story this week, we learned about a decision Jochebed had to make to save her baby. She didn't know how things would turn out when she put the baby in the basket. Ultimately, she chose to trust God, even when she had NO idea how things would turn out. When it comes to courage, we need to do what we should do even when we don't know how things will turn out. Our job is to do the right thing and leave the rest up to God.

Find the words of today's verse in the puzzle to the right. Circle each word as you find it! **Strong, Guard, Brave, Faith**

Ask God to help you be on your guard, to remain strong in your faith so that you can be brave no matter what happens.

B	A	R	O	Q	Z	E	R
R	H	V	V	T	V	E	O
E	H	E	S	A	O	B	G
D	S	T	R	O	N	G	N
A	I	B	I	A	F	U	E
I	T	B	H	A	B	A	H
N	E	I	N	G	F	R	T
N	Y	O	T	R	R	D	E

## ***Read Hebrews 13:6***

**DAY 3**

Have you ever been teased for choosing to do the right thing? It happens sometimes. On a piece of paper, write about a time when someone hurt you when you chose to do the right thing.

When it comes to courage, we need to remember that God is on our side. There isn't anything too big or scary that He can't handle. The next time you're faced with a situation that requires courage to do the right thing, think about the first part of today's verse, maybe even repeat it to yourself:

***The Lord helps me. I will not be afraid, (NIRV).***

Wad up the piece of paper you've written on and throw it away. In your prayer today, ask God to help you forgive the person who hurt you and to help you continue to do the right thing no matter what happens next.

## ***Read Psalm 27:14***

**DAY 4**

Set a timer for two minutes. During the two minutes, sit still and breathe. Don't turn on the TV, pick up your tablet, or talk to your dog. Just sit and breathe.

How was that two minutes? Was it hard? Boring? Weird?

Waiting isn't easy but it is a part of life—especially when it comes to doing the right thing. Sometimes, we make a wise choice and no one notices. We don't receive any reward for our choice. Sometimes we do the right thing and it doesn't seem to make any difference at all.

But that doesn't mean we shouldn't keep doing the right thing!

Ask God to help you keep doing the right thing, even when you don't know what will happen next, or when it feels like all you're doing is waiting. Ask Him to give you courage to do what you should do.

You can do  
what you should,  
**EVEN  
WHEN**  
you don't know  
what will happen next.