

# The Church is a Loving Church

Composed by Pastor Nigel Lyons

Today we read through Psalm 121 and Hebrews 10:19-25 and discover what it means to be a loving church. Essentially, we are a loving church because God loves us. We are called to love and encourage each other all the more as we see the day approaching of the return of His Son Jesus Christ.

1. Please read Psalm 121 and talk through what verses stand out for you.
2. How would you describe the mountains? As the poet of the psalm wrote "I lift my eyes to the hills?" Have a think through what is the poet looking at.
3. How would we describe some of the mountains of life that we see in our day today?
4. Talk through verse 2 "My help comes from the Lord, the Maker of heaven and earth."
5. How much is God bigger than the mountains we see? Discuss
6. In verses 3-7 discuss how God does this. Discuss some stories together in how God has been bigger than the mountains we see.
7. Re-read verse 8. There is an eternal aspect of how the Lord watches over us. Discuss in your group how God watches over us in what is now and in what is yet to come.

Read through Hebrews 10:19-25

1. What verses stand out for you and discuss in your group.
2. What does it mean to you to enter the most Holy Place?
3. Unpack together what verses 20-22 mean to you. How would this have applied to first century Jewish converts?
4. Discuss together the way we can hold unswervingly to the hope we profess. What are the faithful promises?
5. As a group discuss ways we can encourage and spur one another on in love and good deeds. How can we do that all the more?
6. Spend some time praying for each other and thanking God for his Son Jesus Christ and the unity we have in his Holy Spirit.